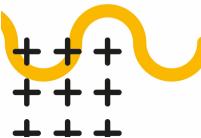


	Week 2	Monday (MEAT FREE	Tuesday	Wednesday	Thursday	Friday
	Main Dish	Beef & mushroom pie topped with puff pastry	Chicken biriyani, homemade naan bread and chilli and coriander chutney	Roast chicken, sage and onion stuffing and gravy served with creamy mash potato	Italian Bolognaise pasta bake	Crispy battered fish goujons with chunky chips
	Vegetarian Main Dish	Sweet potato and squash stew with pea and mint couscous	Butternut squash and chilli pasta with crusty bread	Meat-free sausage ragu with mash potato	Squash and chickpea Balti with pilau rice	Spicy bean enchiladas
•	Accompaniments 5	Steamed broccoli Carrots Salad bar	Green beans Roasted courgettes Salad bar	Roasted parsnips Sautéed leeks Salad bar	Crisp mixed salad Garden peas Salad bar	Crushed minted peas Corn on the cob Salad bar
	Street Food	Falafel burgers with vegan mayonnaise and salad	Chicken gyros in holemeal pitta bread, tzatziki & Greek salad	Crispy bacon, lettuce and tomato ciabatta with Cajun wedges	Piri piri pork with apple and fennel slaw on a toasted brioche bun	Pad Kee Mao – spicy Thai chicken and vegetable noodles
	Italian Daily Special	Vegetarian meatball pasta	Beef and onion pizza	Spicy sausage pasta	Classic Margherita pizza	Italian chicken pasta
	Dessert	Berry cake	Lemon cake	Oaty fruit cake	Apple and Blackberry pie	Chocolate and orange cake







1 OF YOUR 5 a Day



MEAT-FREE (VEGETARIAN)



CHEF'S CHOICE



PLANT-BASED (VEGAN)

