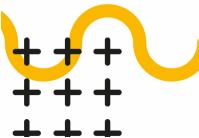


	Week 1	Monday (MEAT FREE	Tuesday	Wednesday	Thursday	Friday
	Main Dish	Vegetarian sausage, red onion gravy and champ mash potato	Fiery Mexican chilli, brown rice, sour cream and salsa	Apple glazed roast pork, crispy roast potatoes and gravy	Chicken Singapore noodles	Crispy battered fish with chunky chips
	Vegetarian Main Dish	Vegetarian sausage and bean gratin with garlic and herb potatoes	Stuffed peppers	Cheesy potato and leek pie topped with puff pastry served with crispy roast potatoes	Aubergine & chickpea Dhansak, with pilau rice	Falafel in a wholemeal pitta and chunky chips
•	Accompaniments 5	Garden peas Braised red cabbage Salad bar	Crisp mixed salad Corn of the cob Salad bar	Steamed carrots and broccoli Salad bar	Green beans Roasted butternut squash Salad bar	Mushy peas Crisp mixed salad Salad bar
	Street Food	Sweet potato burrito	Slow roasted pulled pork, red slaw, herkins & home pickled red onions	Pakistani courgette curry, ombay potatoes and coriander & mango chutney	Turkey meatball sub	Moo ping - Thai grilled pork skewers with coconut rice
	Italian Daily Special	Roasted vegetable pizza	Italian meatballs in tomato sauce with wholemeal pasta	Chicken and bacon pasta	BBQ Chicken pizza	Vegetarian pasta bolognese
	Dessert	Hot spiced peaches	Apple cracknel	Coconut and mango rice pudding	Mixed berry strudel with custard	Gooey chocolate brownie







1 OF YOUR 5 a Day



MEAT-FREE (VEGETARIAN)



CHEF'S CHOICE



PLANT-BASED (VEGAN)

